

## DARSHAN GUIDELINES

Here are some guidelines that everyone is kindly asked to follow during the Darshan programme:

- When receiving Darshan please keep your eyes open and remove glasses so that you can receive the full benefit of Swami's blessing.
- Do come close to him when receiving Darshan so that he does not have to lean forward too much and please do NOT touch Swami unless invited to do so.
- As a sign of respect, we ask you to wear discrete clothing.
- Please remove your footwear and leave it in the outer room/area.
- Please take care of your personal belongings as we cannot be held responsible for them.
- No phones, no photos, no animals, no food and no recordings of any kind.
- To enjoy your Darshan experience, receive with an open heart whatever comes and join us with singing, clapping or dancing.
- Darshan is open for everyone. Donations are welcome.

Thank you for your support in spreading Swamiji's mission.